

SALADS

Salad Plates

Fresh garden vegetables & greens.

Chicken	6.79
Lobster	11.29
Tuna	7.09
Ken's Recipe	
Seafood Salad	8.29

Grilled

Chicken Salad

Fresh garden vegetables and greens.

Teriyaki	8.49
BBQ	8.49
Plain	8.49
Fried Buffalo Chicken	8.49

Caesar

Salad

Garden fresh Romaine lettuce tossed with the finest Caesar dressing, shredded parmesan & croutons. 5.49

With Grilled Chicken
8.49

Chef's Salad

Garden vegetables with turkey, ham & cheese, choice of dressing, served with Honey wheat bread.

Small 6.19
Large 7.59

We Fry and Grill in
PURE VEGETABLE SHORTENING
No Cholesterol

LIGHT FARE

Means This is a
Ken's Favorite!

Below items are garnished with Ken's Fresh Coleslaw, and served with your choice of: French Fries, Real Mashed Potatoes, Baked Potato, Onion Rings or Rice Pilaf; sub Sweet Fries 1.99 Loaf of Honey Wheat Bread.

Calamari Plate

Tender rings & tentacles, lightly breaded and fried to a golden brown. 7.99

***Pork Tenderloin**

Pork tenders, breaded in Ken's special recipe & fried to a golden brown. Served with apple sauce. 8.49

Deep Fried Scallops

Tender Deep Sea. 11.49

***Charbroiled Chopped Sirloin**

Charbroiled lean and tender. 8.49

Broiled Scallops

Real Sea Scallops, broiled in a delicious honey sauce, with a tasty crumb topping. 11.49

Mini Shore Lunch

Cup of chowder or soup, lobster roll, with choice of potato. 13.99

***Clam Plate**

Golden Fried Whole Maine Clams. 11.99

Maine Shrimp Plate

Tasty Maine Shrimp, lightly breaded and fried. 9.99



Deep Fried Boneless Chicken

All white chicken fingers. Ken's specialty since 1970. 6.99

Fancy Fried Chicken

Three pieces of juicy fresh chicken, pressure-fried. 7.89

Turkey Croquettes

Real turkey, chicken & potatoes, seasoned & blended together. Deep-fried and topped with pan-drip gravy. 7.29

Fried Haddock Plate

Lightly breaded Fingers. 7.49

Broiled Haddock

A New England Favorite. 7.99

Fried Mixed Seafood

Haddock, Maine clams & shrimp, scallops & clam strips. 11.99

All Subs. Add .75 each

***Fresh Fried Oysters**

A New England delicacy, breaded & fried golden brown. 10.99

Fried Sea Clam Strips

Tender strips of sea clams - sweet and juicy! 8.79

Fried Fantail Shrimp

12 large shrimp served w/ Ken's cocktail sauce. 10.99

STIR FRY

Chicken Stir Fry 10.99

Scallops Stir Fry 12.99

Pork Tenderloin Stir Fry 11.99

Maine Shrimp Stir Fry 11.99



*** Tender Medallions of Beef Stir Fry** 11.99

Veggie Stir Fry 9.29

Sautéed in Ken's Special Teriyaki Sauce with the Freshest Vegetables, Served Over Rice Pilaf. (Potato/ veg. choice not included)

PASTA SPECIALTIES

Shrimp Scampi



12 Large Fantail Shrimp Sautéed in a light sauce of crushed garlic, butter, and wine sauce. served over Spaghetti 12.49

Seafood Fettuccini Alfredo

Sautéed shrimp, scallops, fish and lobster on a bed of fettuccini noodles, blanketed with a creamy Alfredo sauce. 13.99



Chicken & Broccoli Alfredo

Tender grilled chicken and fresh broccoli are tossed with fettuccini pasta & blanketed in our creamy Alfredo sauce. 11.99

Chicken Parmesan

Tender breaded cutlet of chicken topped with marinara sauce and cheese. Served with Spaghetti topped with marinara sauce. 11.99



Penne

Your choice of **Spaghetti, Fettuccini, or**

add choice of **Marinara, Alfredo, or Mediterranean sauce** 8.49

add additional fixings of: **Meatballs, Chicken, Meat Sauce, Veggies** 1.49 each

All Pastas are served with garlic bread and choice of salad, coleslaw or vegetable.

“We Proudly Prepare All Items To Order Using Only The Freshest Seafood, Chicken & Beef!”

All Entrees Include:

Garden Fresh Salad, Fresh Cut Coleslaw or Vegetable of the Day; choice of Real Mashed Potatoes, Rice Pilaf, French Fries, Onion Rings or Baked Potato.sub Sweet Potato Fries 1.99 Served with a loaf of Honey Wheat Bread.

KEN'S FAMOUS SEAFOOD

- Broiled Haddock**
A New England Favorite. 12.29
- Deep Sea Haddock Filets**
Delicious deep sea catch of the day, lightly breaded and deep fried to a golden perfection. 12.29
- Fried Scallops**
Deep sea scallops lightly breaded and deep fried. 13.49
- Broiled Scallops**
Real Sea Scallops broiled to tender perfection in a delicious honey sauce, with a tasty crumb topping. 13.99

- Golden Fried Maine Shrimp Dinner**
★ *From the Coast of Maine, deep fried tender and delicious* 12.29.
- Seafood Medley**
A delicious blend of haddock, shrimp, scallops, and Maine lobster. Lightly crumbed and broiled in casserole. 14.99
- Fried Mixed Seafood Platter**
Sea scallops, filet of haddock, native clams, clam strips, Maine shrimp and fantail shrimp. 14.99
(ALL SUBSTITUTIONS ADD .75 EACH.)
- The Sea Monster**
For the heartiest of appetites. A mountainous platter of sea scallops, Maine shrimp, filet of haddock, pollock, Ken's fantail shrimp, native clams, and clam strips, deep fried in vegetable oil. 18.99
(ALL SUBSTITUTIONS ADD .75 EACH)

★ **"Seconds Are On The House!"**
Jumbo Fish Fry! Only 12.49
King Neptune's (and Ken's) Favorite! No sharing please.
Fantail Shrimp! Only 13.99
Large Shrimp - breaded & deep fried. No sharing please.

- Deep Fried Maine Clams**
Whole Maine Clams, lightly breaded and deep fried to a golden brown (sorry we cannot control the size) 14.29

- Fried Sea Clam Strips**
Tender bite-size strips of sea clams 11.49
Perfect for the clam-lover in the bunch!
- Fresh Fried Calamari**
Tender rings & tentacles, breaded fried to a golden brown. 11.49
- Fresh Fried Oysters**
A New England delicacy, lightly breaded & fried golden. 13.99

<u>LAND & SEA</u>	COMBO PLATTERS	<u>*SURF & TURF</u>
<i>Pick One from The Land... Pick One from the Sea...</i>	<u>SEA & SEA</u>	<i>House filet Char-broiled</i>
From the Land: <i>Tender boneless pork tenderloin, boneless chicken fingers, or Fancy Fried Chicken.</i>	<i>Choice of Any Two.... (deep-fried)- calamari, sea clam strips, gulf shrimp, haddock, pollock, Maine shrimp .</i> 13.69	<i>Wrapped in or Western</i>
From the Sea: <i>Deep fried Maine shrimp, calamari, Ken's fantail shrimp, haddock, pollock, sea clam strips.</i> 11.99 <i>(Scallops, oysters, or Maine clams add \$1.00)</i>	<i>(Scallops, Maine clams, or oysters as choice, add \$1.00 per.)</i>	<i>bacon Sirloin</i>
		<i>Served with... <u>Choice of one:</u> Maine shrimp, haddock, calamari, sea clam strips, or Ken's fantail shrimp. Lightly breaded & Deep fried. 17.99 (Scallops, Maine clams, or oysters add \$1.00)</i>

BEEF & POULTRY



- *Char-Broiled Western Sirloin Steak**
A thick & juicy Western beef sirloin, garnished with onion rings. 14.95
- *Char-Broiled "House" Filet**
Triple filet of Western steer wrapped in bacon and char-broiled to your liking. 14.99
- ★ ***Sautéed Beef Tender Tips**
Tender chunks of beef sautéed to your liking, smothered with fresh onions and mushrooms. Best anywhere. 10.99
- Fancy Fried Chicken**
5 pieces of juicy fresh chicken, pressure fried in canola oil. 9.99
- B.B.Q. Rib Dinner**
Full rack of tender, specially selected pork spare ribs, seasoned with our own special recipe then slow-cooked. 15.99
- Roast Tom Turkey with Sage Dressing**
Oven roasted on the premises. Fresh-carved turkey accompanied by a homestyle dressing and topped with a pan drip gravy - a real holiday treat to enjoy anytime. 8.99
- Turkey Croquettes**
Real turkey, chicken and mashed Maine potatoes are blended together, seasoned then breaded & deep-fried. Topped with pan-drip gravy. 8.99

- Deep Fried Boneless Chicken**
All white chicken fingers. A Ken's specialty since 1970. 8.99
- The Super Chicken**
★ *A mountain of Ken's boneless white chicken fingers. "For that hearty, never-can-get-enough appetite."* 13.69
- The Canadian Chicken**
Barbecued twin boneless breasts of chicken topped with lean Canadian bacon and smothered in a combination of cheeses. 11.49
- Twin Boneless Breasts of Chicken**
Char-broiled with your choice of Barbeque or Teriyaki Sauce 10.99
- *Skillet Fried Young Beef Liver**
Young tender liver lightly coated and seasoned with our own special blend of seasonings and topped with crispy bacon & smothered in onions. 8.99
- Fried Pork Tenderloin Dinner**
Pork tenderloins, breaded in Ken's special recipe and fried to a golden brown. Served with apple sauce. 10.69
- Grilled Ham Steak with Pineapple Ring**
Tender cured ham grilled to perfection topped with a grilled pineapple ring. 8.99

IRRESISTIBLE WRAPS

12" Pressed Flour Tortilla: White or Golden Wheat.

All served with Chips & a pickle. Sub Chips for Fries or Onion Rings, only 1.09 Sweet Potato Fries 2.49

- Chicken Under Wraps** Fried chicken fingers, Canadian bacon, lettuce, tomato, American cheese & ranch dressing. 7.69
- Chicken Salad Wrap** cheese, fresh lettuce, tomato, 7.69
- Maine Wrap** Lobster Salad, fresh lettuce & tomato. 10.49
- Under The Sea** Tuna salad, fresh lettuce & tomato. 7.69

- The Big Tom** Freshly cooked turkey, Canadian bacon, American cheese, fresh lettuce, tomato, and mayonnaise. 7.69
- Surf's Up** Ken's favorite seafood salad recipe, fresh lettuce and tomato. 7.69
- Seize That Chicken** Tender slices of grilled chicken, romaine lettuce & the finest Caesar salad dressing. 7.69

★ Means This is a Ken's Favorite!

THE SANDWICH BOARD

All Sandwiches include Chips & a Fresh Pickle Spear
Sub Chips for Fries or Onion Rings, only 1.09. Sweet Potato Fries 2.49

- Filet of Fish** our own fish fingers w/cheese & tartar sauce 3.99
- Jumbo Fish Filet** with cheese & tartar sauce 5.99
- Hot Dog** (all beef) 2.79
- Grilled Cheese** (white or wheat) 2.99
- Gardenburger™** with lettuce & tomato 5.09
- Fried Maine Shrimp Roll** with tartar sauce 4.99
- Fried Clam Strip Roll** with tartar sauce 4.99
- BLT** (low-fat Canadian Bacon) 4.19
- ★ **Chicken Salad** with lettuce. 4.19
- Ken's Recipe Seafood Salad** w/ lettuce 5.19
- Tuna Salad** with lettuce. 4.49

- Filet of Chicken** Our own chicken fingers with mayo 3.49
- ★ **Jumbo Chicken Filet Sandwich** with mayo 5.49
- BBQ or Teriyaki Boneless Chicken** Served on a Jumbo Roll, with lettuce and tomato 5.49
- ★ **Lobster Roll** (chunks of real lobster with mayo) 9.99
- Double Stuffed Lobster roll** 17.99
- Clear Meat Lobster Roll** 9.99
- Open Faced Hot Turkey Sandwich** Served with French Fries, Mashed, Baked Potato, or Rice Pilaf. 7.79
- Choose Your Club:** Turkey • Ham • Tuna or • Chicken Salad. Served with Fries 7.49

DESSERTS & PASTRIES

- Pie by the Slice** 2.89
Boston Cream • Apple • Chocolate Cream
Pecan • Lemon Meringue
- Pie a la Mode** 3.49
- Ice Cream Sundaes** 3.19
- Ice Cream** 1.99
- Bread Pudding** 1.99
- Pudding** 1.99

- Specialty Pies** 4.69
- New York Cheesecake with Strawberries** 4.69
- Specialty Cheesecake** 4.69
- ★ **Ice Cream Puff 4** 6 9
Our fresh-baked cream puff, filled with chocolate or vanilla ice cream covered with scrumptious hot fudge.
- ★ **Ken's Incredible Belgian Waffle Sundae** 4.69

SERVINGS, PINTS, & FAMILY SIZES

	Serving	Pint	Party	Family
FRIED CHICKEN	4.89	6.49	9.99	13.99
FRIED CLAMS	8.99	8.99		
FRIED FISH	4.99	6.79	12.99	14.99
FRIED SCALLOPS	7.99			
FRIED SHRIMP	5.99	7.29	12.99	14.99

FANCY FRIED CHICKEN

CHICKEN DINNERS

- 2-Piece Snack** 5.29
Includes 4 oz. Cole Slaw, one Potato Log & a Biscuit.
- 3-Piece Lunch** 7.89
Includes 4 oz. Cole Slaw, 2 Potato Logs & a Biscuit.
- 5-Piece Lunch** 9.99
Includes 8 oz. Cole Slaw, 3 Potato Logs & 2 Biscuits.
- 9-Piece Family** 15.99
Includes (2) 8 oz. Cole Slaws, (8) Potato Logs & (4) Biscuits.

- Potato Logs .35 ea.
- Cranberry Sauce .89
- Garden Fresh Salad 2.99
- Side Gravy .69
- Homemade Biscuit w/Butter .69

- COLE SLAW**
- Small: 1.49
- Large: 2.19

SUBSTITUTE ALL WHITE MEAT
Add 39¢ per piece.

CHICKEN & BISCUIT

- 2 PIECE** with 1 Biscuit 3.99
- 3 PIECE** with 1 Biscuit 5.99
- 5 PIECE** with 2 Biscuits 7.99
- 9 PIECE** with 4 Biscuits 13.49
- 15 PIECE** with 4 Biscuits 18.99
- 21 PIECE** with 6 Biscuits 23.79

* Some raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

Caution: Some shellfish may contain shell fragments or grit.

TAKE OUT ONLY

WE ONLY USE FRESH CHICKEN!

TAKE OUT ONLY

At Ken's We Use Only FRESH CHICKEN!

IRRESISTIBLE WRAPS

12" Pressed Flour Tortilla: White or Golden Wheat. All served with chip & a pickle. Sub Chips for Fries or Onion Rings, only 1.09 or Sweet Potato Fries 2.49

- Chicken Under Wraps** *Fried chicken fingers, Canadian bacon, lettuce, tomato, American cheese & ranch dressing.* 7.69
- Chicken Salad Wrap** *cheese, fresh lettuce, tomato* 7.69
- Maine Wrap** *Lobster Salad, fresh lettuce & tomato.* 10.49

- The Big Tom** *Freshly cooked turkey, Canadian bacon, American cheese, fresh lettuce, tomato, and mayonnaise.* 7.69
- Surf's Up** *Ken's favorite seafood salad recipe, fresh lettuce and tomato.* 7.69
- Seize That Chicken** *Tender slices of grilled chicken, romaine lettuce & the finest Caesar salad dressing.* 7.69
- Under The Sea** *Tuna salad, fresh lettuce & tomato.* 7.69



THE SANDWICH BOARD

All Sandwiches include Chips & a Fresh Pickle Spear Sub Chips for Fries or Onion Rings, only 1.09 or Sweet Potato Fries 2.49

- Filet of Fish** *our own fish fingers w/cheese & tartar sauce* 3.99
- Jumbo Fish Filet** *with cheese & tartar sauce* 5.99
- Hot Dog** *(all beef)* 2.79
- Grilled Cheese** *(white or wheat)* 2.99
- Gardenburger™** *with lettuce & tomato* 5.09
- Fried Maine Shrimp Roll** *with tartar sauce* 4.99
- Fried Clam Strip Roll** *with tartar sauce* 4.99
- BLT** *(low-fat Canadian Bacon)* 4.19
- Chicken Salad** *with lettuce.* 4.19
- Ken's Recipe Seafood Salad** *w/ lettuce* 5.19
- Tuna Salad** *with lettuce.* 4.49

- ★ **Filet of Chicken** *Our own chicken fingers with mayo* 3.49
- Jumbo Chicken Filet Sandwich** *with mayo* 5.49
- BBQ or Teriyaki Boneless Chicken** *Served on a Jumbo Roll, with lettuce and tomato* 5.49
- ★ **Lobster Roll** *(chunks of real lobster with mayo)* 9.99
- Double Stuffed** *(Twice the lobster)* 17.99
- Clear Meat Lobster Roll** 9.99
- Open Faced Hot Turkey Sandwich** *Served with French Fries, Mashed, Baked Potato, or Rice Pilaf.* 7.79
- Choose Your Club:**
Turkey • Ham • Tuna or • Chicken Salad. *Served with Fries* 7.49

ON THE SIDE

HOMEMADE DAILY

- Soup du Jour** Cup 2.39 Bowl 3.69
- Chowder** Cup 2.95 Bowl 4.39
- French Fries** Small 2.19 Large 3.19
- Fresh Cut Cole Slaw** 1.49
- Choice of Baked Potato, Rice Pilaf, or Real Mashed Potatoes** 1.89

PREPARED FRESH TO ORDER

- ★ **Oyster Stew** Cup 5.99 Bowl 8.49
- ★ **Lobster Stew** Cup 6.95 Bowl 9.99
- Vegetable of the day** 1.89
- Side of Gravy** .69
- Barbecue Sauce** .29
- Sweet & Sour Sauce.** .29
- Garden salad** 2.99

DESSERTS

- Pie by the Slice**
Boston Cream • Apple • Chocolate Cream
Pecan • Lemon Meringue • Sugar Free 2.89
- Pie a la Mode** 3.49
- Ice Cream Sundaes** 2.99
- Ice Cream** 1.99
- Bread Pudding** 1.99
- Dirt Pudding** 1.99
- Pudding -** 1.99

- Specialty Pies** 4.69
- New York Cheesecake with Strawberries** 4.69
- Specialty Cheesecake** 4.69
- Ice Cream Puff**
Our fresh-baked cream puff, filled with chocolate or vanilla ice cream covered with scrumptious hot fudge. 4.69
- Ken's Incredible Belgian Waffle Sundae** 4.69
Homemade Belgian Waffle, ice cream, hot fudge

- ★ **DOUGHBOY SUNDAE** *Hot fresh doughboy w/ vanilla ice cream, maple syrup topped w/ cinnamon sugar* 4.69
AN AWESOME TREAT!

**ALL YOU CARE TO EAT
BREAKFAST BUFFET
SAT. & SUN.
7A.M.– NOON**

**KEN'S GIFT CARDS
MAKE GREAT GIFTS**

We reserve the right to add 17% gratuity to parties of 7 or more. Service charge of \$1.00 for extra plate. Prices are subject to change. Caution: Some shellfish may contain shell fragments or grit.

* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

KEN'S

Since FAMILY RESTAURANT 1972

All Menu Items... Available For Take-Out!

Appetizers

- | | |
|---|--|
| <p>Fried Fresh Calamari (with cocktail sauce) 5.39</p> <p>Fresh Deep Fried Mushrooms 4.59</p> <p>Beer Battered Jalapeño Bottle Caps 5.39</p> <p>Chicken Fingers (prepared fresh) 5.39</p> <p>Smothered Fries
French Fries covered with gravy, & topped with cheese. 5.69</p> <p>Basket of Cheese-Topped Garlic Bread 6.29</p> <p>Toasted Onion Battered Fried Green Beans 5.69</p> | <p>Ken's Famous Onion Rings Sm. 3.09 Lg. 4.39</p> <p>Buffalo Boneless Chicken Fingers 5.79</p> <p>Sweet Potato Fries Sm. 4.19 Lg. 6.99</p> <p>Mozzarella Cheese Sticks (w/ Marinara Sauce) 5.79</p> |
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A sampling of
Homemade Onion Rings, Cheese Sticks,
Fried Mushrooms, Ken's Chicken Fingers &
Cross-Trax Fries 8.29 Sorry no subs.

Soups, Chowders & Stews

HOMEMADE DAILY

- | | | |
|---------------------|----------|-----------|
| Soup du Jour | Cup 2.39 | Bowl 3.69 |
| Chowder | Cup 2.95 | Bowl 4.39 |

PREPARED FRESH TO ORDER

- | | | |
|---------------------|----------|-----------|
| Oyster Stew | Cup 5.99 | Bowl 8.49 |
| Lobster Stew | Cup 6.95 | Bowl 9.99 |

B u r g e r s

Our handcrafted 1/2 lb. burgers are each made from fresh, never frozen lean 100% Certified Angus Beef. We make all burgers to order with only the freshest ingredients. Charbroiled and cooked to your choice of pink or no pink. All come on a grilled white or honey wheat sub roll. Burgers include chips & a fresh pickle spear. Sub chips for fries or onion rings, only 1.09. Sweet Potato Fries 2.49

Ken's House Burger

served with lettuce and tomato 6.99
add American, Swiss, or Jalapeno Jack Cheese .75

Mushroom Swiss Burger

Topped with grilled fresh mushrooms, smothered with Swiss cheese, lettuce & tomato 7.89

South of the Border Burger

Topped with fresh salsa, beer battered fried jalapeno caps, jalapeno jack cheese, lettuce & tomato 7.99

Western Burger

Smothered with our own coleslaw, dill pickle slices, fried onion rings, hickory smoked bacon, lettuce, tomato & our own recipe B.B.Q. sauce 8.29

B.B.Q. Bacon Burger

Topped with hickory smoked bacon, lettuce, tomato & Ken's own recipe B.B.Q. sauce 7.99

Grilled Cheese Burger

This burger is layered w/ sugarloaf dill pickles and sandwiched between two grilled cheese Sandwiches (white or wheat) 8.69

Island Burger

Topped with Ken's fresh fried onion rings, Swiss Cheese, lettuce, tomato, and Thousand Island dressing 7.99

Double Stuff Burger

This is a MONSTER, Two burgers each layered with your choice of cheese and topped with lettuce and tomato 11.69

Open Faced Burger

Your burger set on top of white or wheat toast than topped w/ fire roasted peppers and onions smothered with beef gravy 7.99

Madison Avenue in Skowhegan.

Established 1972. Phone: 474-3120

